



# YOU'RE INVITED TO OUR NOVEMBER VIRTUAL EVENTS

---

Amica Dundas is pleased to invite you to our exciting virtual events this month. We can't wait to celebrate the autumn season and reconnect with friends, family members, and guests of our residence, even virtually.

## **VIRTUAL TRIVIA NIGHT**

**Thursday, November 5 | 7:00pm**

Test your skills and knowledge in a fun evening of trivia. In the week before the event, our team will deliver Bailey's and hot chocolate to participants' homes, to be enjoyed on the night of the event.

RSVP by November 2

## **VIRTUAL FITNESS CLASS**

**Wednesday, November 18 | 10:00am**

Even as the weather begins to cool down, it's important to keep active. Get moving in a seated fitness class hosted by Cindy, suitable for all fitness levels.

RSVP by November 13

[CLICK HERE TO RSVP](#)